

## Appendix

### Questionnaire

#### Section A: socio-demographic data

1. Age (years): .....
2. Weight (kg): .....
3. Height (m): .....
4. Sex: Male [  ] Female [  ] Others [  ]
5. Marital Status: Single [  ] Married [  ] Divorced [  ] Widowed [  ]
6. Religion: Islam [  ] Christianity [  ] Traditional [  ] Others [  ]
7. Tribe: Hausa [  ] Igbo [  ] Yoruba [  ] Fulani [  ] Others [  ]
8. Occupation: Civil servant [  ] Farming [  ] Trading [  ] Skilled artisan [  ] Student [  ] Unemployed [  ] Others [  ]
9. Educational Level attained: None [  ] Primary [  ] Secondary [  ] Tertiary [  ] Others [  ]

#### Section B: social history/ risk factors

1. Do you have family history of kidney disease? Yes [  ] No [  ]
2. Do you have family history of hypertension? Yes [  ] No [  ]
3. Do you have family history of diabetes? Yes [  ] No [  ]
4. Do you take traditional medicine (Herbal concoction)? Yes [  ] No [  ]
5. Do you take pain killing drugs like Paracetamol, aspirin, etc? Yes [  ] No [  ]
6. If yes to 5 above, how often? Occasionally [  ] Regularly [  ] only on prescription [  ]
7. Do you smoke cigarettes? Yes [  ] No [  ]
8. If yes to 7 above, how often? Occasionally [  ] Regularly [  ]
9. Do you drink alcohol? Yes [  ] No [  ]

10. If yes to 9 above, how often? Occasionally [  ] Regularly [  ]
11. Have you done any vigorous exercise today? Yes [  ] No [  ]
12. Do you use medicated soap/ cream? Yes [  ] No [  ]
13. Do you use bleaching soap/ cream? Yes [  ] No [  ]
14. Have you had blood in the urine in the past? Yes [  ] No [  ]
15. Have you had a sore throat/ skin rash in the past? Yes [  ] No [  ]
16. Have you had body swelling in the past? Yes [  ] No [  ]